THE PRACTITIONER

www.arizonanp.com

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National NP Week 2011

is being celebrated November 13 - 19.

"Your Partner in Health: The Nurse Practitioner"

Make plans now to host events in your communities and your practice sites to help build awareness of the many benefits of NP-delivered healthcare. A resource guide to help you with ideas for events and other NP week materials are available at aanp.org.

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The AzNA Council has allocated \$5,000 in funds to be used for patient or NP oriented activities during National Nurse Practitioner Week (see more information below).

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Sun Wright was awarded the NP student scholarship. Sun is committed to advancing the profession by focusing on evidence based practice and by her desire to teach in a nursing program and precept students. We wish her well in her endeavors. Congratulations!

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Our very own Angela Golden was interviewed on CNN about Loretta Ford. Check it out: http://www.cnn.com/2011/09/30/health/living-well/loretta-ford-nurse-practitioner/index.html



The Arizona Nurse Practitioner Council is a local chapter of the Arizona Nurses Association, and an affiliate of the American Academy of Nurse Practitioners and the American College of Nurse Practitioners.

Established in 1992, we advocate for our membership through legislative and educational activities. We provide members the opportunity to network with one another and promote their services to the public.

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Arizona Nurse Practitioner Council Executive Committee

President: Janeen Dahn
Vice President: Angela Golden
Treasurer: Karen Holder
Secretary: Ted Rigney
Legislative Chair: Denise Link
Membership Chair: Dale Ann Dorsey
Public Relations Chair: Lisa Dugan
The Practitioner Editor: Ted Rigney



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NP WEEK EVENTS SUPPORTED BY THE ARIZONA NURSE PRATITIONER COUNCIL. CHAPTER 9 OF AZNA

National Nurse Practitioner Week is November 13-19, 2011 National Nurse Practitioner Week was established by the American Academy of Nurse Practitioners and occurs the second week in November each year. As a part of your Arizona Nurse Practitioner Chapter 9 membership benefits, the Arizona Nurse Practitioner Council has appropriated up to \$5,000 in funds for patient or NP oriented activities during National Nurse Practitioner Week. These events, activities or programs must focus on showcasing or promoting Nurse Practitioners. Consideration will be given to events that have the greatest impact on promoting awareness of Nurse Practitioner practice, NP service in the community or education of NPs. Other innovative ideas will also be considered by the selection committee. Grants will be awarded at a maximum of \$1,000 per event.

This grant funding is available in lieu of pharmaceutical or other third party support, and is not available for events co-sponsored by pharmaceutical companies.

Application can be accessed on AZNPC website at www.arizonanp.com. Submissions must be received by October 13, 2011. You will be notified about acceptance by October 14, 2011.

Submit application to: kvholder@aol.com

HONORING ONE OF OUR OWN

On July 30, 2011 the Arizona Nurse Practitioner Council awarded the first ever Lifetime Achievement Award to Susan Collins. Collins



began her nursing career in 1959 as a diploma nurse from Roosevelt Hospital School of Nursing. In 1974, she was founder and sole proprietor for Sue Collins and Associates, Health

Education, Consultation, and Holistic Therapies. In1988, she earned a Master's Degree and a Family Nurse Practitioner certificate from Sonoma State University. In 1996, Collins was the Chief Operations Officer and a Family Nurse Practitioner at North Country Community Health Center, Flagstaff, Arizona where she helped develop a rural Community Health Center serving the uninsured and disenfranchised Collins nurtured the clinic and encouraged its growth from one location with 10 employees to six locations with 118 employees. She is Board certified as an Advanced Holistic Nurse and as a Family Nurse Practitioner and the founding President of the American Holistic Nurses Association. She is a Master Herbalist and is certified in healing touch, Jin Shin Jytsu, Reiki, and hypnosis and she is a five time recipient of America's Who's Who awards. In 1987-1995, she was awarded the Who's Who of American Women. In 1984-1993 awarded Who's Who in American Nursing. In 1990, she was awarded Who's Who of American Women, Among Human Services Professionals, American education, and in Science and Engineering.

23RD ANNUAL SOUHTWEST REGIONAL NP SYMPOSIUM by Angela Golden



The 23rd Annual Southwest Regional NP

Symposium was held in Flagstaff this year with over 150 NPs attending to listen to many speakers. Highlights included Dr. Alan Agins, presenting a pain management track and on Sunday morning our keynote speaker was Health and Human Services Region 9 Director Herb Schultz providing a Health Care Reform Update for NPs. On Sunday we also had workshops for suturing, 12 lead EKG, and an introduction to Traditional Oriental Medicine. Another highlight this year was the poster session. The topics were quite varied and after peer judging Jonathan Palmer's poster "Nurse-Lead Rural Congestive Heart Failure Clinics" received first place. Jonathan is a graduate of the UA and NAU.



AzNPC Executive Committee at the conference: Karen Holder, Ken Wysocki, Dale Ann Dorsey, Denise Link, Angie Golden, Ted Rigney, and Janeen Dahn





Art And Science Of Caring
Breast Cancer Update
Date: Saturday, October 29th 2011
More information may be obtained by
contacting

E. Hooper(elaine.hooper@gmail.com) or Carol Chavez (carol.chavez@va.gov)



The Southwest Chapter of the Society for Adolescent Health & Medicine (SAHM) and the Arizona Collaborative for Adolescent Health (AzCAH) are co-sponsoring a conference titled: "Old Media, New Media and Social Media: The Good, Bad and Ugly of It All". CMEs and Nursing and Social Work CEUs are being applied for. For more information, please contact Beverly Plonski-Fuqua at azcahbev@cox.net or (602) 568-2798. Visit

http://azcah.org/educationopportunities/november-12-2011-conference/ to view the draft agenda and updates on Registration information, which open mid September.



The AzNPC NP Video contest came to a successful close. We are pleased to announce that there were 2 videos that received honorable mention and a prize of \$750 each.

These talented videographers were: Ms. Rachel Naegeli & Mr. Brian Wong

The winner of the 1 year subscription of the Prescribers Letter was Edie Morgan, WHNP of Prescott.

NORTHERN ARIZONA NURSE PRACTITIONER GROUP

NANPG meetings will begin again soon after our summer break. Programs are given held September through June of each 12 month cycle, with a focus on primary care updates. We have recently welcomed a new Board of Directors who have volunteered to assist in planning and implementation of programs. May I introduce: Annie Khoury, WHNP; Beth Kennedy, FNP; Leaf Edmondson, ACNP; Claudia Gallinger, RN. A big thank you to these wonderful nurses for their committment to peer education and leadership in northern Arizona.

Karen Holder, FNP Founder & President NANPG

SOUTHERN ARIZONA SOCIETY OF ADVANCED PRACTICE NURSE/ NURSE PRACTITIONER



The Southern
Arizona Society of
Advanced Practice
Nurse/ Nurse
Practitioner
continues to bring
together Southern
Arizona Nurse

Practitioners and Advance Practice Nurse in Southern Arizona. They recently had a luncheon and their keynote speaker was Mary Walters, the Southern Arizona Veterans Administration

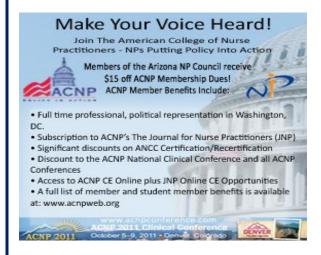
Healthcare System Chief Nurse Executive. She honored Peggy Schmidt, who has been the

President of the APN Council for the past three years. Special thanks were given to the Arizona AZNA Nurse Practitioner Council who awarded a grant to make this year's celebration an event to remember and to Nursing Service for the food and restaurant gift certificates.

SAZAPN is a group of local nurse practitioners and nurse practitioner students. We have about 135 active members and about 455 total members. We meet bimonthly and have an educational dinner. It is a great place for networking, education, and getting to know your colleagues. For more information on SAZAPN: http://www.tucsonnp.com/index.html



The new ANA Nurse Space has a fresh new look and loads of upgraded functionalities to provide a more robust and interactive community experience for our members. This powerful and resourceful new community will give you the tools you need to expand your network and share information with other nursing colleagues in real time. Check it out at: http://www.ananursespace.org/ANANURSESPACE/A NANURSESPACE/Home/



PROFESSIONAL ADVANCEMENT



Agnes Oblas MSN, ANP-BC
I completed a seminar with
certification and now is a PLNC
(Professional Legal Nurse
Consultant). I would like my
colleagues to know this so that
they may refer my name to any
medical malpractice attorneys

(plaintiff or defense) looking for an NP to review a case or to assist the attorney in preparation for deposition or trial.





AANP is a national organization for Nurse Practitioners. We have elected officers, including our

own Angie Golden as president-elect. AANP supports and promotes Nurse Practitioners on several levels. We work with the states to enhance and change practice guidelines in order for NPs to utilize their full training in their scope of practice. We also inform and educate on the national level to address issues with policy that are affecting our practice, such as ordering home health.

We also annually recognize outstanding Nurse Practitioners and advocates. Nnominations are now open. You need not be a member of AANP to nominate, or be nominated, for these awards. One of each is awarded in each state. The nomination requirements can be found at www.AANP.org as well as through the link provided here.

http://stateawards.aanp.org/Login/Index?awar dID=1 Thanks for listening, Bessie bessieburk@msn.com

MEMBER SPOTLIGHT: MOVING ON

I was asked to introduce myself as a featured member of our Arizona Nurse Practitioner Council. I am very humbled to be asked to write about myself. I have, been fortunate to serve as AZNPC president 1999-2002 before serving on the Arizona Board of Nursing advanced Practice Committee and American Academy of Nurse



Practitioners as the Arizona state representative 2003-2004. Having an interest in molecular science since an adolescent, the natural

progression would be for me to pursue a research doctorate with an emphasis in genetics focusing on a

disease process that many of my patients have suffered with... asthma. I have since completed my PhD in nursing at the University of Arizona and identified variations in the leukotriene receptor gene related to atopy (allergies) and atopic asthma. I recently accepted a genomics post-doctoral fellowship pos-tion at the University of Pittsburgh School of Nursing. My goal is to some day be able to provide cheek swab assay tests that we can easily perform in the clinic setting that will help guide us to understanding the patient specific asthma phenotype (specific asthma subtypes) and be able to tailor monitoring and treatment of individuals based on their particular genetic makeup.

With my recent fellowship position, I had to resign as the AZNPC public relations chair, but hope to return back to Arizona in a

couple of years. I have kept my home in Arizona and plan to travel back when possible (especially during the winter months). My hat always goes out to colleagues who take time to get involved in their profession beyond the job setting and family obligations. My hope is that though example, we can each help our colleagues, especially new nurse practitioners, engage in our profession through teaching, health care policy, organizational development, and networking. May you always find the energy to let your star shine brightly.





The 2011 Federal Legislative session was stormy with the dominant issues focused on the economy, debt limit, and social agendas. Due to the discontent among the electorate and influence of the Tea Party, there were many freshman legislators that were initiated to the legislative process in Washington by having to deal with very serious domestic concerns. In the meantime, implementation of the Affordable Care Act moved forward on the timeline set by Congress despite continuing debate as challenges to the law moved through the courts. In federal legislation in Washington, the primary focus for nurse practitioners for the

LEGISLATIVE UPDATE Continued by Denise Link

2011 session was yet another version of a bill designed to grant NPs the authority to certify Medicare beneficiaries for home health. S. 227/H.R. 2267: Home Health Care Planning Improvement Act of 2011 needs co-sponsors. Only one Arizona House of Representative, Rep. Raul Grijalva, has signed on as a co-sponsor. Neither John Kyl nor John McCain have signed as a co-sponsor for the Senate version of the bill. There have been several bills introduced in the past since the original Omnibus Reconciliation Act was passed in the 1990's that included NPs as eligible to monitor patients receiving home health care once they have been certified, but not eligible to be the original certifying provider. Each time, the bill has been overshadowed by bills that received more attention or the change has been deleted at the last moment. It is critical that NPs and other groups that support seamless, timely access to home health keep the pressure on legislators to

co-sponsor and pass this bill. Please contact your Federal representatives to Congress and urge them to sign on as co-sponsors for the version of the bill that applies to their elected position – either the House of Representatives (HR 2267) or the Senate (S 227). In the federal legislative houses, Congress will continue to work on remedies for the sagging economy, the debt ceiling and high unemployment as priorities.

In Arizona, the legislature also had many new members – the Arizona Senate and House considered several bills having to do with immigration. All were defeated. With the pending expiration of the demonstration

project for the Arizona version of Medicaid, AHCCCS, legislators took advantage of the opportunity and made significant changes in coverage and eligibility. The changes were part of a larger effort to close the huge deficit in the state budget with health and education receiving the largest cuts. There was also an attempt to make significant changes in the Arizona Mandated Benefits required for all health insurance companies that sell policies in the state; that bill did not go into effect. A bill to include mandatory continuing education in addition to practice time for re-licensure for all nurses was withdrawn while a committee of diverse stakeholders continues their work on the issue. The goal of the committee is to draft a plan for continuing competency that will be evidence based and supports lifelong learning for nurses. HB2620, a bill that enhanced the use of electronic health records was signed into law. Resistance to the bill was overcome with the addition of an opt-out provision for consumers. SB1169 amended the Nurse Practice Act under the Powers and Duties of the Board of Nursing; a phrase was added to prohibit the board of nursing from ruling on complaints against nurses that are related to abortion. This was an especially concerning action in that it moved through the legislature with unprecedented speed, literally overnight, and changed the Nurse Practice Act without consultation with key nursing stakeholders as is usually the case when a change in a professional practice act is being considered. If this is going to be the new governance model for the legislature and the governor's staff, it will be more important than ever for all nurses to remain in touch with their state representatives and to be sure to vote. Possible upcoming topics for the 2012 Arizona state legislative session are expected to include another version of the continuing competency

bill, authority for the board of nursing to order evaluations of nurses that are under investigation, and changes in Nurse Practice Act related to certified registered nurse anesthetists

AMERICAN ACADEMY OF NURSE PRACTITIONERS BY Nick Rumberger

The American College of Nurse Practitioners ACNP) has been on the leading edge of representing all nurse practitioners (NPs) on federal and national policy, professional and practice issues for more than a decade. ACNP's mission is to ensure a solid policy and regulatory foundation for NP practice which promotes accessible, high quality healthcare. With a unique membership comprised of individual nurse practitioners as well as affiliate memberships for state and national nurse practitioner and nursing groups, ACNP represents the interests of over 30,000 nurse practitioners nationwide. By connecting nurse practitioners nationally, the profession has achieved unprecedented unity and a strong voice.

ACNP's recent accomplishments include:

- Continuous and consistent collaboration with other national NP organizations, the nursing
- community and organizations such as to refine health care legislation and regulations to be NP friendly and provider neutral.
- Appointed a Director of Government Affairs that is engaged as the first, full time professional NP representation in Washington and works to advance nurse practitioner goals and ensure round the clock vigilance to safeguard the nurse practitioner brand and promote the evidence-based facts about NP quality care.

- Active participation in national coalitions such as Coalition for Patients Rights, Partnership to Fight Chronic Disease, Partnership for Prescription Assistance, and are closely monitoring activities of Patient Centered Primary Care Collaborative (PCPCC).
- Facilitated joint efforts of the National Nurse Practitioner Roundtable in preparing joint statements supporting the maximum recognition of nurse practitioners; preparing comments for various posted regulations and collaborating with the nursing community to submit letters to Congress to support initiatives consistent with ACNP's Health Policy agenda. Participated in the RWJF Dialogue on Interprofessional Collaboration through the National NP Roundtable.
- Expedited discussions in Congressional Offices for grassroots NP members to advocate for public policy agenda's priorities and to provide input into legislative language and Congressional committee reports.
- Initiated policy meetings with Federal agencies such as Centers for Medicare & Medicaid (CMS), Agency for Healthcare Research & Quality (AHRQ), Food & Drug Administration (FDA), Federal Trade Commission (FTC) and others. Contributed to policy discussions at non-government organizations such as Robert Wood Johnson Foundation, Commonwealth Fund, and other national nursing and APN organizations.
- Began reaching out to the international nursing community including Japan, Australia, Canada, Puerto Rico and Honduras.

Learn more about ACNP by visiting www.acnpweb.org.



AZNPC would like to invite you to a "Hormone Happy Hour" in honor of Breast Cancer Awareness Month. Eat, drink, laugh, listen, and learn. Dr. Angela DeRosa, a nationally recognized expert in the field of Internal Medicine and Women's Health will be speaking about "Hormones and Breast Cancer-Myths and Miracles." Special Guest Speaker, Denise Reddy, MD, Diagnostic Radiologist, will be speaking on "Advances in Breast Health Screening."

Question/Answer forum with Dr. DeRosa for NPs to follow program.



Tuesday, October 25, 2011 at the iPic Theater in the Scottsdale Quarter. Cocktails at 5:30. Program 6:00-7:30. 25\$ per person includes two cocktails from the Salt Bar & Hors

D'oeuvers from Tanzy restaurant. Reservations needed. Space is limited to 70.

AZNPC will sponsor all AZNPC members to attend this meeting at no charge!! AZNPC will sponsor up to 25 new members contingent upon joining AZNPC. Contact Lisa Dugan, AZNPC PR Chair, at lisafnp@chaparraltile.com for membership information and registration.

Women only may attend as the discussion will be "hormonally sensitive." (Sorry guys!) Of course, The Salt Bar welcomes you in joining other men who gather to socialize as their female friends attend the program. We *are* looking for forums on men's health to host in the future. Cheers! Lisa

ARIZONA BOARD OF NURSING INFORMATION

The latest edition of the Arizona Nurse can be found at: http://www.azbn.gov/

<u>Upcoming BON meetings in 2011:</u>
November 14 & 15
<u>Upcoming BON meetings in 2012:</u>
January 26 & 27

Meetings are 8:00AM – 5:00PM and are open to the public. Best times to attend are the first day and the morning of the second day.

<u>Upcoming Advanced Practice Committee</u> <u>meeting in 2012</u>:

Jan 28; April 28; July 28 & Oct 27 10:00AM – 12:00PM

BON and Advanced Practice meetings are at the BON office 4747 N. 7th Ave Phoenix.



For more information, go to: http://www.aanp.org/